

# How to Age Like Demi Moore

At 48, Demi Moore is a one-woman PSA for anyone who's ever dreaded a birthday. We don't know exactly how she's done it, but we consulted Arthur Swift, a plastic surgeon in Montreal and clinical lecturer at McGill University who speaks frequently on the ideal proportions of beauty, about what fixes are available—for a price—to anyone who wants to achieve Moore's good looks. That price? For all the treatments on this page, the total would be approximately \$49,900 over one year.\* What can't be bought is the judgment to know when enough is enough. To age like Demi, less is Moore.

—JOAN KRON



## EYES:

To refill troughs under the eyes, doctors inject the patient's own fat (up to \$5,000, lasting two years or more) or hyaluronic acid (up to \$700, lasting up to a year).

## NOSE:

Noses can droop with age, but Botox or Dysport in the divider between the nostrils (up to \$300) can lift it for up to a year.

## CHEEKS:

Hyaluronic acid fillers injected over the cheekbones or in depressions can add fullness (up to \$5,000); results can last more than 18 months.

## UPPER LIP:

Vertical lines can be filled every six months with hyaluronic acid in combination with Botox or Dysport for up to \$500.

## TEETH:

The jawbones and teeth can recede with age, but veneers (up to \$24,000 for 12 teeth) can restore volume and last up to 20 years.

## NECK:

Injections of Dysport or Botox (up to \$1,000) can make cords recede. Neck lines can be softened with mini doses of hyaluronic acid fillers in combination with Botox or Dysport (up to \$1,250, lasting up to a year). Thermage or Ulthera (up to \$2,500) can tighten a small amount of loose skin.

## FOREHEAD:

Injections of Botox or Dysport (up to \$500) three times a year will soften frown lines.

## BROWS:

When injected above the eyebrows, Botox or Dysport can give a ten-degree lift to the arch and a slight lift to the tail and cost up to \$500 once a year. To restore fullness underneath, doctors inject hyaluronic acid (up to \$750 a session), which lasts up to a year.

## CROW'S-FEET:

These can be minimized with Botox or Dysport (up to \$500) three times a year.

## SMILE LINES:

They can be softened with hyaluronic acid injections (up to \$1,500) once a year.

## SKIN:

Up to four \$400 treatments—two weeks apart—with Intense Pulsed Light, a relatively painless light therapy, will shrink pores, even out skin color, and fade brown spots.

In a recent [allure.com](#) poll, the highest percentage of respondents (45 percent) chose Demi Moore as the celebrity they believe has aged the best. The next-closest was Jennifer Lopez at 34 percent.

\*Prices based on an average in major cities and could vary depending on the patient.